God wants us to grow UP in worship. This is the supreme goal and purpose of our lives.



LEADER NOTES: Encourage your members to pull out their notes and review the

Read 1 Chronicles 16:23-31. List the action words or phrases from this passage which describe what a person does during worship. Explain the significance of each.

According to this passage, what emotional states of being result from the authentic worship of God?

What attributes and actions of God are celebrated in this text?

2 ASSESS YOUR LIFE

LEADER NOTES: Evaluate the condition of your lives in relation to the truth from

What is your worship life like today? How does it compare with the portrait of worship presented in today's passage of Scripture?

What is your greatest area of strength when it comes to worship?

What is your greatest hindrance or obstacle to a life of deep and authentic worship?

3 APPLY THE TRUTH

LEADER NOTES: Create a list of ways to close the gap between your lives and the

Why is it important that we learn to worship well?

How might you become a good student of worship? What practical steps could you take?

Why is God worthy of our worship? How might studying and reflecting upon the nature and attributes of God increase your worship of Him?



LEADER NOTES: Call your small group members to make a commitment and get

How will you commit to becoming a better worshiper this week?