



PREACHING CURRICULUM

TREASURES & ANXIETY - MATTHEW 6:19-34

“Worry is a form of materialism. When we cling to earthly treasures or trust in our own hands, we invite anxiety. But when we put our hope in God and His kingdom — storing up our treasure in heaven — our hearts can rest, and worry loses its grip.” — Jay Adams

1 REVIEW THE SERMON

Why will people be perpetually dissatisfied if money motivates them? Where does true contentment come from? _

What is anxiety as defined by the Scriptures, and why can it be a sin to dwell on and hold on to anxiety? _____

2 ASSESS YOUR LIFE

What are the “melting popsicles” i.e., “treasures” in your life? Why and how are you “hiding” them and also trusting them? (***Go back and listen to the sermon to understand context if you missed this.***) To ask it another way; what “treasures” in your life fight for your affections and set themselves as idols that pull you to trust them and not the Lord?

Are you prone to anxiety and worry? What causes it in your life? What brings this fear into your life? _____

3 **APPLY THE TRUTH**

What “treasures” do you need to give up and give away in order to worship God and devote yourself to Him above all else? What will you do about this starting today? _____

How can you pursue joy and not dwell in anxiety? What can you do or not do in order to experience the peace of Christ? _____

4 **COMMIT THIS WEEK**

“When we cling to earthly treasures or trust in our own hands, we invite anxiety.” When was the last time you assessed your heart? What might God be asking you to commit to Him this week? _____

5 **PRAYER REQUESTS/PRAISE REPORTS**

DATE: _____

PERSON	REQUEST	ANSWER/PRAISE REPORT