



PREACHING CURRICULUM

**What Defiles Us?
Matthew 15:1-28**

“Jesus desires that we obey, but from a humble heart.”

1 REVIEW THE SERMON

What is externalism? How did Jesus confront it during His earthly ministry? _____

Why would the Pharisees have been offended by Jesus words in this account? What was the underlying point Jesus was making with the washing of hands, plants, and the digestive system? _____

2 ASSESS YOUR LIFE

How have you seen externalism creep up in your life? Have you ever given “lip service” in place of a humble heart? How did you come to recognize it in your life? _____

What kind of speech is your heart producing? Do you see slander, gossip, lies, crude joking, anger, and complaining? What underlying heart issue needs to be addressed in your life? _____

3 APPLY THE TRUTH

What traditions or preferences do you need to give up in order to avoid legalism and not elevate these things over and above the Word of God? _____

In which area of your life do you have to humbly come to Christ and plead for mercy in order to see Him work powerfully in your life? *Identify 2 or 3 areas that need to be addressed, and commit to obeying Christ with a humble heart moving forward.* _____

4 COMMIT THIS WEEK

What will you give up or take on in order to avoid dead external religion, so that you can pursue a humble, Christ-centered, true-hearted religion? _____

5 PRAYER REQUESTS/PRAISE REPORTS

DATE: _____

PERSON	REQUEST	ANSWER/PRAISE REPORT